

# New Brunswick's Path to Green

## Guidance for Recreation and Sport

Updated June 21st

Note that if a region transitions to a different alert level, previous guidance identified in <https://tinyurl.com/FAQC19> will apply.

 <b>Path to returning to normal</b>	 <b>June 16<sup>th</sup></b> 75% of ages 12 and over with one dose Low COVID hospitalizations All NB health zones in yellow	 <b>June 17<sup>th</sup></b> 20% of ages 65 and over with 2 <sup>nd</sup> dose 75% of ages 12 and over with one dose Low COVID hospitalizations All NB health zones in yellow	<b>August 2<sup>nd</sup> *</b> 75% of 12+ with 2 <sup>nd</sup> dose All NB health zones in green End of Mandatory Order	
<b>1. What is the guidance for Organized Sport?</b>	<p>Organized sports may operate as long as they have an operational plan that address risk mitigation measures identified in this document. For more details or general information from previous guidance, you can view the Frequently Asked Questions which were in place until June 15<sup>th</sup> here <a href="https://tinyurl.com/FAQC19">https://tinyurl.com/FAQC19</a></p> <p>Activities on the field of play can return to normal rules but all reasonable attempts shall be made to respect physical distancing measures where possible.</p> <p>For competitions and clinics, concerns remain related to additional travel and the risk of larger gatherings. All organizations are advised to carefully consider and assess the additional risk that out of region travel poses.</p> <p>Provincial Organizations are asked to:</p> <ul style="list-style-type: none"> <li>• identify where out of region activity is necessary and where it can be avoided</li> <li>• understand that travel requires additional risk mitigation (e.g., group travel, avoiding spread of virus to other regions, procedures at hotels and dine-in restaurants, etc.).</li> <li>• understand that all team travel needs to be addressed within a team's COVID-19 operational plan.</li> <li>• Separate operational plans are required for specific competitions and clinics which must address travel, etc in addition to the usual risk mitigation measures.</li> </ul>			Mandatory Order lifted.  THC will collaborate with Public Health to identify further guidance if necessary.
	Games/Competitions/Tournaments/Clinics with less than 150 participants. Although allowed, efforts to keep larger events within the same health region are preferred.	Games/Competitions/Tournaments/Clinics with less than 150* participants. *May be re-evaluated mid-July	No restriction	
	Participants includes athletes, coaches and officials. For events that do not have seating and where the movement of spectators cannot be controlled to prevent them from being in contact with the participants, the spectators must be included in the number of participants. If an event is hosted at a multi-surface facility or in an area large enough to denote separate areas and there are controls in place to ensure there are no interactions between both groups each space could be considered independently from the other.			

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<b>2. Are masks still required?</b>	<p><b>For Sport:</b> While masks are not required by individuals while participating in an organized sport, they must be worn indoors at all other times, including between practices and games, etc. Participants are not required to wear masks while on the team bench during game play, but if feasible, this should be enabled. Where team benches cannot be adapted to allow for physical distancing (e.g. arenas), teams should be aware that this poses increased risk for participants and should act to limit the duration of player interaction by having smaller rosters where possible and/or employing frequent substitutions. Any participant not in frequent substitution should wear a mask. (eg. coaches, 2nd goalie, etc). Masks are required in dressing rooms, combined with 2 metre minimum physical distancing between individuals who are not from the same team.</p> <p>Spectators must wear masks indoor except when they are eating or drinking while seated in areas that meet physical distancing requirements of 2m and/or physical barrier requirements. For outdoor venues, masks are not required where 2m physical distancing is maintained however venue operators and organizers must consider people's movement and the potential for congested areas (parking lots, entrances/exits, etc) where masks would be recommended.</p> <p><b>For fitness facilities:</b> While masks are not required while participating in an indoor fitness activity that requires exertion they must be worn at all other times, including walking from one station to another where there is higher likelihood of coming in contact with another patron. Masks and physical distancing are required in change/locker rooms.</p>		
<b>3. Is the collection of names still required?</b>	<p>Organizations or venue operators who admits patrons to any indoor venue is required to maintain a record of the names and contact information of all persons who attend and must make those records available to Public Health upon request. For greater clarity: where spectators at the indoor venue are members of the participant's friends and family, the organizer is only required to record the name of the participant.</p> <p>For outdoor venues, organizations should maintain a record of the names and contact information of participants including coaches, officials and volunteers. The record of names of spectators is no longer required but is recommended where possible. Screening and physical distancing is still required.</p> <p>For more guidance: <a href="#">Collection of names and contact information</a></p>		

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<b>4. Is screening still required?</b>	<p>A modified approach to Active Screening is required for Organized Sport activities which includes:</p> <ul style="list-style-type: none"> <li>• Passive screening using the screening questionnaire must be conducted at home prior to leaving for the activity.</li> <li>• For activities involving youth, upon arrival at the activity, a volunteer must conduct an additional check by asking the child if the passive screening took place prior to coming to the activity and asking them if they are experiencing any symptoms of COVID-19. If it did not, the volunteer must conduct the screening with the child (parent) prior to their entrance.</li> <li>• In addition, the volunteer must request all patrons to sanitize their hands upon entrance to the premises.</li> </ul> <p>Note that screening may be done using an electronic system (eg. Teamsnap) provided the participant is prompted to respond to the questions and the system records the answers.</p>		
<b>5. Is cleaning and disinfection of equipment still required?</b>	<p>Regular cleaning and disinfection of high touch areas is recommended.</p> <p><a href="#">Guidance: Cleaning and Disinfection for COVID-19</a></p>		
<b>6. What will the capacity limits be for indoor and outdoor venues?</b>	<p><b>Indoor informal</b> (eg. personal residence): gatherings are permitted but must be limited to 20 people or fewer.</p> <p><b>Indoor formal:</b> occupiers of venues that host a formal event must take all reasonable steps to ensure adequate screening and distancing occurs and must ensure that occupancy limit does not exceed 50% capacity including participants, spectators, staff. Operational plan required.</p> <p>Gyms, yoga studios and similar facilities whose primary use is fitness activities can choose to admit full occupant load provided that proprietors take every reasonable step to ensure that patrons wear face coverings when not distanced. This applies strictly to fitness facilities. It does not apply to sport venues (arenas, gymnasiums, pools, etc)</p> <p><b>Outdoor informal</b> (eg. social gatherings not hosted by business or organization): two metre distancing between groups</p>		

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	<p><b>Outdoor formal:</b> Maximum capacity possible but occupiers of venues that host a formal event must take all reasonable steps to ensure adequate screening and distancing occurs and must have an operational plan.</p> <p>The operational plan of both the venue operator and the organization should address the responsibilities of each party as it pertains to spectators and participants including screening, collection of names, etc.</p> <p>For special events that are not sport competitions and are not part of regular operations such as festivals, parades, etc. refer to the <a href="#">Risk Mitigation for Festivals and Events guidance document</a>.</p>			
<b>7. What restrictions will there be on travel in and out of the Province?</b>	<p>Where out of province travel is allowed as per the Mandatory Order, all organizations are advised to carefully consider and assess the additional risk that travel to and participation in interprovincial events.</p> <p>When a person is instructed to isolate, the whole household must isolate and not participate in sporting activities until the isolation period is over. This does not apply if the person isolates separately from the family.</p> <p>Household members of individuals who are in modified-isolation can continue sport/recreation activities, but must monitor for symptoms, stay home if unwell and get tested as soon as symptoms develop. An encouraged extra layer of protection includes getting vaccinated with a COVID-19 vaccine (if eligible).</p>			<p>Mandatory Order lifted.</p> <p>THC will collaborate with Public Health to identify further guidance if necessary.</p>
	<p>Those travelling to and from PEI, NL, Avignon and Témiscouata (Qc) are not required to isolate nor get testing and may participate in sport and recreation activities. <b>Travel registration for anyone entering NB is required.</b> Individuals who are required to “self-isolate” or in “modified-isolation” are not allowed to participate in sport and recreation activities until they are released from isolation. More details will be <a href="#">available here</a>.</p>	<p>For complete details on allowable travel in and out of Province go to:  <a href="https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-19/travel.html#2">https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-19/travel.html#2</a></p> <p>Individuals and household residents who are required to “self-isolate” or in “modified-isolation” are not allowed to participate in sport and recreation activities until they are released from isolation.</p>	<p>No restriction            Pending federal approval</p>	

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<b>8. Are there guidelines for sports/recreation facilities for food and beverage consumption?</b>	<p>An establishment that serves food and beverages, canteens in community facilities (e.g. community halls, arenas) must comply with all directives and guidelines from WorkSafeNB and the Chief Medical Officer of Health including ensuring patrons maintain 2m physical distancing and record keeping of patrons is required. Masks may only be removed briefly when seated at a minimum 2m distance from others for the purpose of consuming a food or beverage. When not in the act of eating or drinking, masks must be worn. In addition, operators must ensure patrons are seated at all times except to enter, exit or go to the washroom. Patrons cannot walk around while consuming food/beverage. Food and drinks may not be consumed on the field of play (eg. darts, billiards, bowling, etc)</p> <p>For further guidance for organizers who wish to run canteens but do not have food licenses, an operational plan would be needed and include the following:</p> <ul style="list-style-type: none"> <li>• food should be prepackaged items as opposed to food that requires preparation and handling</li> <li>• food would need to be eaten in a designated seating area where masks can be removed, i.e. not on the field of play or stand and eat. People can be encouraged to eat in their vehicles.</li> <li>• plan should include how to mitigate risk related to customers who will be less than 2 metre distanced while being served</li> <li>• canteen duty must be voluntary and not an assigned duty; volunteers should consider the risks involved and provide consent for the activity.</li> </ul>		
<b>9. Is there guidance for summer camps?</b>	<p><a href="#">Guidance for summer camp operations</a>  <a href="#">FAQ for Summer Camps</a></p> <p>Guidance for summer camps is provided by Public Health. The Sport and Recreation Branch cannot provide further assistance. For clarifications, contact the Public Health team at <a href="mailto:helpaide@gnb.ca">helpaide@gnb.ca</a></p>		

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